

GOVERNMENT POLYTECHNIC JAJPUR

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DEPARTMENT OF MECHANICAL ENGINEERING

LESSON PLAN

Discipline: Mechanical	Semester: 6th	Name of the Teaching faculty: Manas Kumar Mishra	
Subject: Life Skill (Pr 4)	No of Days/Week class allotted: 1	Semester from Date: 10/3/22	To Date: 30/06/22 No of weeks: 16
Week	Class Day	Topics	
1st	1st(2p, Gr1 and Gr 2)	i) Course Outcomes, Lesson plan	
		ii) introduction to life skill, contents, tasks	
		iii) Society, Social Structure, Develop Sympathy and Empathy	
2nd	1st(2p, Gr1 and Gr 2)	i) Swot Analysis – Concept, How to make use of SWOT	
		ii) Inter personal Relation: Sources of conflict, Resolution of conflict ,	
		iii) Ways to enhance interpersonal relation	
3rd	1st(2p, Gr1 and Gr 2)	Exercise 1: prepare a SWOT matrix for yourself	
		i) Swot Analysis of individual student	
		ii) Assessment	
4th	1st(2p, Gr1 and Gr 2)	PROBLEM SOLVING	
		i) Steps of Problem solving: Identify and clarify the problem, Information gathering related to problem, Evaluate the evidence,	
		Consider alternative solutions and their implications	
5th	1st(2p, Gr1 and Gr 2)	i) Problem solving techniques	
		1) Trial and error, 2) Brain storming, 3) Lateral (Out of Box) thinking	
		ii) Real world problem examples	
6th	1st(2p, Gr1 and Gr 2)	Exercise 2: Solve the True life problem assigned by the Teacher.	
		i) students have to write the steps they followed to solve the above problem.	
		ii) Assessment	
7th	1st(2p, Gr1 and Gr 2)	WORKING IN TEAM	
		i) Understand and work within the dynamics of a groups.	
		ii) Tips to work effectively in teams,	
8th	1st(2p, Gr1 and Gr 2)	i) Tips to provide and accept feedback in a constructive and considerate way	
		ii) Leadership in teams	
		iii) Handling frustrations in group.	
9th	1st(2p, Gr1 and Gr 2)	Exercise 3: Working in a Team	
		i) Group of 5-10 students will do a work for social cause like tree plantation, blood donation, environment protection, camps on awareness like importance of cleanliness in slum area, social activities like giving cloths to poor etc.	
10th	1st(2p, Gr1 and Gr 2)	PRESENTATION SKILL	
		i) Body language , Dress like the audience	
		ii) Posture, Gestures, Eye contact and facial expression.	
		iii) Voice and language – Volume, Pitch, Inflection, Speed, Pause	
		iv) use of audio visual aids	
		GROUP DISCUSSION AND INTERVIEW TECHNIQUES	

11th	1st(2p, Gr1 and Gr 2)	Contact, body language, analytical and logical thinking, decision making
		ii) Mock GD
12th	1st(2p, Gr1 and Gr 2)	handling common questions
		ii) Mock interviews
13th	1st(2p, Gr1 and Gr 2)	Exercise 4: Mock Interview
		i) Mock interview
		ii) Assessment
14th	1st(2p, Gr1 and Gr 2)	TASK MANAGEMENT
		i) Introduction, Task identification, Task planning
		ii) organizing and execution
		iii) Closing the task
15th	1st(2p, Gr1 and Gr 2)	Exercise 5: Discuss a topic in a group and prepare minutes of discussion.
		i) Group discussion on a given topic
		ii) Assessment

Sign of faculty

