

GOVERNMENT POLYTECHNIC JAJPUR

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DEPARTMENT OF MECHANICAL ENGINEERING

LESSON PLAN

Discipline: Mechanical	Semester: 6th	Name of the Teaching faculty: Manas Kumar Mishra
Subject: Life Skill (Pr 4)	No of Days/Week class allotted: 2	Semester from Date: 14/2/23 To Date: 23/05/23 No of weeks: 16
Week	Class Day	Topics
1st	1st(2p, Gr2)	i) Course Outcomes, Lesson plan
		ii) introduction to life skill, contents, tasks
		iii) Society, Social Structure, Develop Sympathy and Empathy
	2nd (2p, Gr1)	i) Course Outcomes, Lesson plan
		ii) introduction to life skill, contents, tasks
		iii) Society, Social Structure, Develop Sympathy and Empathy
2nd	1st(2p, Gr2)	i) Swot Analysis – Concept, How to make use of SWOT
		ii) Inter personal Relation: Sources of conflict, Resolution of conflict ,
		iii) Ways to enhance interpersonal relation
	2nd (2p, Gr1)	i) Swot Analysis – Concept, How to make use of SWOT
		ii) Inter personal Relation: Sources of conflict, Resolution of conflict ,
		iii) Ways to enhance interpersonal relation
3rd	1st(2p, Gr2)	Exercise 1: prepare a SWOT matrix for yourself
		i) Swot Analysis of individual student
		ii) Assessment
	2nd (2p, Gr1)	Exercise 1: prepare a SWOT matrix for yourself
		i) Swot Analysis of individual student
		ii) Assessment
4th	1st(2p, Gr2)	PROBLEM SOLVING
		i) Steps of Problem solving: Identify and clarify the problem, Information gathering related to problem, Evaluate the evidence, Consider alternative solutions and their implications
	2nd (2p, Gr1)	PROBLEM SOLVING
		i) Steps of Problem solving: Identify and clarify the problem, Information gathering related to problem, Evaluate the evidence, Consider alternative solutions and their implications

5th	1st(2p, Gr2)	i) Problem solving techniques
		1) Trial and error, 2) Brain storming, 3) Lateral (Out of Box) thinking
		ii) Real world problem examples
	2nd (2p, Gr1)	i) Problem solving techniques
		1) Trial and error, 2) Brain storming, 3) Lateral (Out of Box) thinking
		ii) Real world problem examples
6th	1st(2p, Gr2)	Exercise 2: Solve the True life problem assigned by the Teacher.
		i) students have to write the steps they followed to solve the above problem.
		ii) Assessment
	2nd (2p, Gr1)	Exercise 2: Solve the True life problem assigned by the Teacher.
		i) students have to write the steps they followed to solve the above problem.
		ii) Assessment
7th	1st(2p, Gr2)	WORKING IN TEAM
		i) Understand and work within the dynamics of a groups.
		ii) Tips to work effectively in teams, Establish good rapport, interest with others and work effectively with them to meet common objectives,
	2nd (2p, Gr1)	WORKING IN TEAM
		i) Understand and work within the dynamics of a groups.
		ii) Tips to work effectively in teams, Establish good rapport, interest with others and work effectively with them to meet common objectives,
8th	1st(2p, Gr2)	i) Tips to provide and accept feedback in a constructive and considerate way
		ii) Leadership in teams
		iii) Handling frustrations in group.
	2nd (2p, Gr1)	i) Tips to provide and accept feedback in a constructive and considerate way
		ii) Leadership in teams
		iii) Handling frustrations in group.
9th	1st(2p, Gr2)	Exercise 3: Working in a Team
		i) Group of 5-10 students will do a work for social cause like tree plantation, blood donation, environment protection, camps on awareness like importance of cleanliness in slum area, social activities like giving cloths to poor etc.
	2nd (2p, Gr1)	Exercise 3: Working in a Team
		i) Group of 5-10 students will do a work for social cause like tree plantation, blood donation, environment protection, camps on awareness like importance of cleanliness in slum area, social activities like giving cloths to poor etc.

10th	1st(2p, Gr2)	PRESENTATION SKILL
		i) Body language , Dress like the audience
		ii) Posture, Gestures, Eye contact and facial expression.
		iii) Voice and language – Volume, Pitch, Inflection, Speed, Pause Pronunciation, Articulation, Language, Practice of speech.
	iv) use of audio visual aids	
	2nd (2p, Gr1)	PRESENTATION SKILL
		i) Body language , Dress like the audience
		ii) Posture, Gestures, Eye contact and facial expression.
iii) Voice and language – Volume, Pitch, Inflection, Speed, Pause Pronunciation, Articulation, Language, Practice of speech.		
iv) use of audio visual aids		
11th	1st(2p, Gr2)	GROUP DISCUSSION AND INTERVIEW TECHNIQUES
		i)Introduction to group discussion, Ways to carry out group discussion, Parameters— Contact, body language, analytical and logical thinking, decision making
	ii) Mock GD	
	2nd (2p, Gr1)	GROUP DISCUSSION AND INTERVIEW TECHNIQUES
i)Introduction to group discussion, Ways to carry out group discussion, Parameters— Contact, body language, analytical and logical thinking, decision making		
ii) Mock GD		
12th	1st(2p, Gr2)	i)Interview Technique : Dress, Posture, Gestures, facial expression, Approach Tips for handling common questions
		ii) Mock interviews
	2nd (2p, Gr1)	i)Interview Technique : Dress, Posture, Gestures, facial expression, Approach Tips for handling common questions
		ii) Mock interviews
13th	1st(2p, Gr2)	Exercise 4: Mock Interview
		i) Mock interview
	ii) Assessment	
	2nd (2p, Gr1)	Exercise 4: Mock Interview
i) Mock interview		
ii) Assessment		
14th	1st(2p, Gr2)	TASK MANAGEMENT
		i) Introduction, Task identification, Task planning
		ii) organizing and execution
	iii) Closing the task	
	2nd (2p, Gr1)	TASK MANAGEMENT
		i) Introduction, Task identification, Task planning
ii) organizing and execution		
iii) Closing the task		