GOVERNMENT POLYTECHNIC JAJPUR

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DEPARTMENT OF MECHANICAL ENGINEERING LESSON PLAN

| | | LESSON FLAN |
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| Discipline: Mechanical | Semester: 6th | Name of the Teaching faculty: Manas Kumar Mishra |
| Subject: Life Skill (Pr 4) | No of Days/Week class alloted: 2 | Semester from Date: 16/1/24 To Date: 26/04/24 No of weeks: 16 |
| Week | Class Day | Topics |
| lst | 1st(2p, Gr1) | i) Course Outcomes, Lesson plan |
| | | ii) introduction to life skill,contents, tasks |
| | | iii) Society, Social Structure, Develop Sympathy and Empathy |
| | 2nd (2p, Gr2) | i) Course Outcomes, Lesson plan |
| | | ii) introduction to life skill,contents, tasks |
| | | iii) Society, Social Structure, Develop Sympathy and Empathy |
| | 1st(2p, Gr1) | i) Swot Analysis - Concept, How to make use of SWOT |
| | | ii) Inter personal Relation: Sources of conflict, Resolution of conflict, |
| 2nd | | iii) Ways to enhance interpersonal relation |
| | 2nd (2p, Gr2) | i) Swot Analysis - Concept, How to make use of SWOT |
| | | ii) Inter personal Relation: Sources of conflict, Resolution of conflict, |
| | | iii) Ways to enhance interpersonal relation |
| 3rd - | 1st(2p, Gr1) | Exercise 1: prepare a SWOT matrix for yourself |
| | | i) Swot Analysis of individual student |
| | | ii) Assessment |
| | 2nd (2p, Gr2) | Exercise 1: prepare a SWOT matrix for yourself |
| | | i) Swot Analysis of individual student |
| | | ii) Assessment |
| 4th | lst(2p, Gr1) | PROBLEM SOLVING |
| | | i) Steps of Problem solving: Identify and clarify the problem, |
| | | Information gathering related to problem, Evaluate the evidence, |
| | | Consider alternative solutions and their implications |
| | 2nd (2p, Gr2) | PROBLEM SOLVING |
| | | i) Steps of Problem solving: Identify and clarify the problem, |
| | | Information gathering related to problem, Evaluate the evidence, |
| | | Consider alternative solutions and their implications |
| - [| | i) Problem solving techniques |

| 5th | 1st(2p, Gr1) | 1) Trial and error, 2) Brain storming, 3) Lateral (Out of Box) thinking |
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| | | ii) Real world problem examples |
| | 2nd (2p, Gr2) | i) Problem solving techniques |
| | | 1) Trial and error, 2) Brain storming, 3) Lateral (Out of Box) thinking |
| | | ii) Real world problem examples |
| 6th | 1st(2p, Gr1) | Exercise 2: Solve the True life problem assigned by the Teacher. |
| | | i) students have to write the steps they followed to solve the above problem. |
| | | ii) Assessment |
| | 2nd (2p, Gr2) | Exercise 2: Solve the True life problem assigned by the Teacher. |
| | | i) students have to write the steps they followed to solve the above problem. ii) Assessment |
| | | WORKING IN TEAM |
| | 1st(2p, Gr1) | i) Understand and work within the dynamics of a groups. |
| | | II) Tips to work effectively in teams. |
| 7th | | Establish good rapport, interest with others and work effectively with them to meet common objectives, |
| 7111 | 2nd (2p, Gr2) | WORKING IN TEAM |
| | | i) Understand and work within the dynamics of a groups. |
| | | ii) Tips to work effectively in teams, |
| | | Establish good rapport, interest with others and work effectively with them to meet common objectives, |
| | lst(2p, Gr1) | i) Tips to provide and accept feedback in a constructive and considerate way |
| | | ii) Leadership in teams |
| 8th | | iii) Handling frustrations in group. |
| | 2nd (2p, Gr2) | i) Tips to provide and accept feedback in a constructive and considerate way ii) Leadership in teams |
| | | iii) Handling frustrations in group. |
| | 1st(2p, Gr1) | Exercise 3: Working in a Team |
| | | i) Group of 5-10 students will do a work for social and the |
| | | The state of the country of the state of the |
| 9th | | esting cloths to poor etc. |
| | 2nd (2p, Gr2) | Exercise 3: Working in a Team |
| | | i) Group of 5-10 students will do a work for social cause like tree plantation, blood donation, environment protection, sample as |
| | | donation, environment protection, camps on awareness like importance of cleanliness in slum area, social activities like giving cloths to poor etc. |
| | 1st(2p, Gr1) | PRESENTATION SKILL |
| | | i) Body language , Dress like the audience |
| | | ii) Posture, Gestures, Eye contact and facial expression |
| | | iii) Voice and language - Volume, Pitch, Inflection, Speed, Davis |
| | | Pronunciation, Articulation, Language, Practice of speech. |
| 10th | | iv) use of audio visual aids PRESENTATION SKILL |
| | 1 | - MEDELITATION SKILL |

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| | 2nd (2p, Gr2) | ii) Posture, Gestures, Eye contact and facial expression. |
| | | iii) Voice and language – Volume, Pitch, Inflection, Speed, Pause |
| | | Pronunciation, Articulation, Language, Practice of speech. |
| | | iv) use of audio visual aids |
| | | GROUP DISCUSSION AND INTERVIEW TECHNIQUES |
| | 1st(2p, Gr1) | i)Introduction to group discussion, Ways to carry out group discussion, Parameters— |
| 11th | | Contact, body language, analytical and logical thinking, decision making |
| | | ii) Mock GD |
| | | GROUP DISCUSSION AND INTERVIEW TECHNIQUES |
| | 2nd (2p, Gr2) | Western during the service of the service out group discussion. Parameters— |
| | | i)Introduction to group discussion, Ways to carry out group discussion, Parameters— |
| | | Contact, body language, analytical and logical thinking, decision making |
| | | ii) Mock GD |
| | | i)Interview Technique: Dress, Posture, Gestures, facial expression, Approach Tips for |
| | 1st(2p, Gr1) | handling common questions |
| | | ii) Mock interviews |
| 12th | | i)Interview Technique : Dress, Posture, Gestures, facial expression, Approach Tips for |
| | 2nd (2p, Gr2) | handling common questions |
| | | ii) Mock interviews |
| | | Exercise 4: Mock Interview |
| | 1st(2p, Gr1) | i) Mock interview |
| | | ii) Assessment |
| 13th | | Exercise 4: Mock Interview |
| | 2nd (2p, Gr2) | |
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| | | ii) Assessment |
| 14th | | TASK MANAGEMENT |
| | 1st(2p, Gr1) | i) Introduction, Task identification, Task planning ii) organizing and execution |
| | | iii) Closing the task |
| | | TASK MANAGEMENT |
| | | i) Introduction, Task identification, Task planning |
| | 2nd (2p, Gr2) | ii) organizing and execution |
| | | iii) Closing the task |
| | 1st(2p, Gr1) | Exercise 5: Discuss a topic in a group and prepare minutes of discussion. |
| 15th | | i) Group discussion on a given topic |
| | 13(2), 311) | ii) Assessment |
| | | Exercise 5: Discuss a topic in a group and prepare minutes of discussion. |
| | 2nd (2p, Gr2) | i) Group discussion on a given topic |
| | | ii) Assessment |
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Sign of faculty